Head, Neck, and Hands

* 1-2 Beanies
* 1-2 Baseball Caps
* Bandanas
* Buff
* Liner Gloves
* Fleece Gloves
* Leather Gloves

Upper Body

* 3-4 T-Shirts (You will receive two staff shirts upon arrival)
* 2-3 Sports bras (Women)
* 1-2 Base Layers (Synthetic or Wool)
* 2 Mid Layers (Fleece or Capilene)
* 1-2 Top Insulating Layers (Synthetic Fill Jacket)
* 1-2 Rain Jackets (Gore-Tex, H2NO, etc)

Lower Body

* 5-7 Underwear
* 1-2 Base Layers
* 1-3 Shorts
* Swimming Suit
* 2-3 Lightweight Nylon Pants
* 1-3 Jeans
* 1-2 Rain Pants

Footwear

* 6-8 Pairs of socks
* Flip Flops/Sandals
* 1 Tennis Shoe
* 1 Hiking Shoe/Boot
* \*\*\*Xtra Tuff Waterproof Boots are the Alaskan Standard around here and we recommend waiting to buy them once you get here ($80-100) \*\*\*

Sleeping Gear

* 1-2 Pillow Cases
* Sleeping Bag \*\*\*
* Sleeping Pad \*\*\*
* Hammock

Toiletries

* Towel \*\*\*
* Personal Hygiene Articles (Toothbrush, paste, deodorant, etc)

Miscellaneous

* Lip Balm
* Sunscreen
* Watch \*\*\*
* Knife
* Sunglasses/Retainer (Chums, Croakies, etc) \*\*\*
* Headlamp \*\*\*
* Batteries
* First Aid Kit
* Lighter
* Camera
* Cell Phone
* Battery Charging Cords

Camping Gear (Optional)

* 50-70 Liter Backpack
* 1-2 Dry Bags (NRS Bills 2.0 Bag\*\*\*)
* Stove
* Pots
* Fuel
* Bear Hang Kit
* 1-2 Water Bottles \*\*\*
* Eating Container (Tupperware\*\*\*)
* Spoon/Spork